



Dr Shave's Book of Shaving

**How to Groom your Beard  
and Moustache**

\_\_\_\_\_ The expert guide to the world of shaving \_\_\_\_\_

## Introduction

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This was a painful chapter for Dr Shave to write, he believes men should be clean shaven. However he is a reasonable man and appreciates that some men are tempted to grow a facial forest. Here beard and 'tache aficionados can learn a little about beard care.

# How to Groom your Beard and Moustache

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## Grooming Your Beard

Most people use a beard trimmer, but if you don't have one, follow these steps for well-groomed facial hair.

- Shave exposed parts of cheeks and neck as normal
- Wash off any remaining shaving cream
- Use either scissors or a beard trimmer to groom your beard
- Wet your beard slightly
- Clip conservatively around the beard's upper edges
- Snip around cheeks and along the jawline
- Clip very little, reducing the beard's volume slowly to the desired length
- Clip stray hairs until the beard is even
- Wash away clippings.

### Tips

- Beard trimmers are easier to use than scissors, as you can adjust trimmer settings to cut hair at various lengths
- Set your beard trimmer to a longer hair length if you're new to using one - you don't want to cut too short on your first attempt
- Wet hair is longer than dry hair, so trim a little at a time.

## How to Trim Your Beard and Moustache

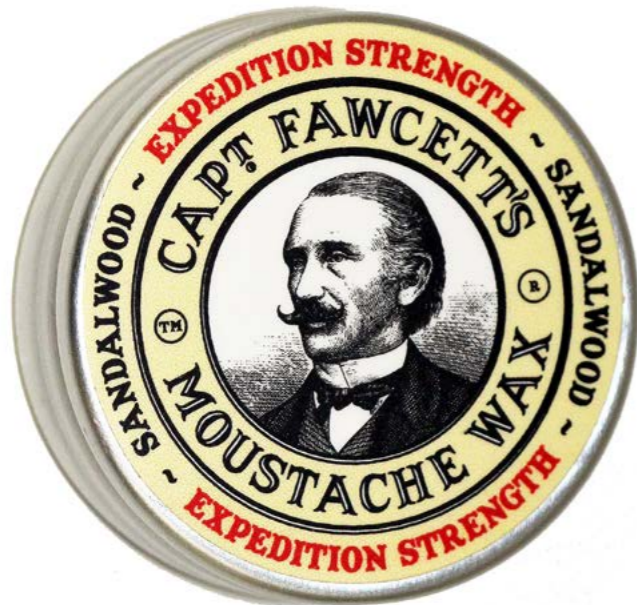
There are many ways to groom a moustache. Decide how you want yours to look before following these instructions.

- Wet your moustache slightly
- Use a [fine-tooth moustache / beard comb](#) to brush the hair down
- Clip the hair on the outer edges of your moustache with a pair of thin scissors. Remember to clip conservatively
- Snip across the bottom of the moustache
- Trim the body of the moustache to achieve the desired evenness and bushiness, clip errant hairs



- Touch up the top of the moustache with a razor until you have the desired line. If you have an unusual moustache, such as a pencil-thin or handle-bar moustache, use the razor more or less as appropriate. Take care not to shave off the top of the moustache accidentally!
- Comb again with the moustache comb

Beards and moustaches can cause itching on the skin, treat this and stop it from happening with a quality [Beard Wash](#) which will also nourish the bristles and stop the dreaded 'beard frizz.



Beard brush

### Tips

- Work carefully, clipping even a small amount of hair can change the appearance of a moustache - drastically
- A beard trimmer is an excellent tool for reducing bushiness
- For fancier styles, use [moustache wax](#) to shape and groom.



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